



# ITACATE

TRADITIONAL HOMEMADE MEXICAN FOOD



PROUDLY AMERICAN



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Cash, Visa, MasterCard, Discover, American Express and Debit Cards Accepted.

Spring 2016



## STARTERS (PARA EMPEZAR)

### NACHOS MEXICANOS

**\$7.50**

**FREGONES** - Chips, Chihuahua cheese guacamole and red salsa. (gf)

**TOLUCA** - Chips, Chihuahua cheese, chorizo, beans and red salsa. (gf)

ADD BEEF (\$2); CHICKEN (\$1); PORK (\$1)

### QUESO FUNDIDO

**\$7.50**

Chihuahua cheese, salsa and chorizo mixed together, then broiled. Served with 5 tortillas and salsa. (gf)

### CEVICHE (Acapulco style)

**\$6.50**

A scrumptious cold cocktail of shrimp and fish cooked in lime juice, mixed with tomatoes, cilantro, onion, pepper, oregano and deliciously seasoned. This is a COLD appetizer! (gf)

### EMPANADAS

**\$3.50**

Don't know what an empanada is? Think of a "turn-over"...but delicious! Choice of **Chorizo or Beef**.

### QUESADILLAS

**\$2.50**

The classic recipe, pick from: CHORIZO, CHICKEN or HONGOS (mushrooms).

**One 6" corn tortilla folded in half**, stuffed with Chihuahua cheese and your pick from above choices.

Broiled to perfection and topped with salsa. (gf)

## SOUPS (SOPAS)

### SOPA DEL DIA

**\$3.50**

Chef's Choice. Make sure to ask your server!

### CHAYOTE & POBLANO

**\$4.00**

Creamy and delicious! This is a mild and flavorful cream that will surprise your taste buds! (gf)

### SOPA DE TORTILLA

**\$4.00**

Everyone's favorite! Chipotle, avocado, fresh topos, queso fresco, epazote, and shredded chicken. Sabrosa! (gf)

### ARROZ CON POLLO

**\$3.50**

Flavored rice, queso fresco, shredded chicken and fresh condiments make this soup irresistible! (gf)

Order a cup for ½ price

## SALADS (ENSALADAS)

### VEGGIE SALAD

**\$6.50**

Romaine lettuce, onions, tomatoes, beans, queso fresco, cilantro, lime, salsa, jalapeños, chayote, radishes, crema and guacamole. (gf)

### NAKED BURRITO

**\$7.75**

Watching your calories? This is perfect for you. A burrito minus the tortilla. Served with your choice of pork, beef, or chicken. (gf)

### ENSALADA CHICA

**\$3.75**

Mini version of the veggie salad (gf)

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(Mexican Pesos, Welcomed....Not really!)

## ENTREES (CENAS)

### TACOS CAMPECHANOS

**\$13.50**

From the streets of Tijuana, Mexico! 3 tacos with grilled steak and chorizo mixed together, served in double corn tortillas, topped with a fresh avocado, serrano, cilantro and tomatillo salsa. A side of rice and beans. (gf)

### GRILLED POLLO EN AXIOTE

**\$11.50**

From the Yucatan peninsula. A generous portion of chicken, marinated in Axiote (annato) paste, cumin, orange, garlic and other spices, then grilled. Garnished with an ensalada chica, pickled onions and rice. (gf)

### ALBONDIGAS

**\$12.00**

The Mexico City version. 3 Albondigas (beef and pork meat balls) stuffed with a sliver of chipotle and boiled egg, simmered in a light tomato/chipotle sauce. Garnished with rice, beans and tortillas. (gf)

### CARNE ASADA

**\$15.50**

A Mexican classic. Juicy and tender strip loin, marinated in lime juice, pepper and spices, then garnished with rajas, a cheese enchilada, grilled queso fresco, refried beans, guacamole and tortillas. Muy delicioso!

**MAKE IT "SURF AND TURF" - add 4 shrimp in guajillo crema for \$6 (gf)**

### CHILE RELLENO

**\$10.50**

From Puebla in Central Mexico. Our Mom's recipe. One roasted Poblano pepper, de-veined to take away the piquant, stuffed with queso fresco, then smothered in egg batter and fried. Topped with savory tomato sauce, crumbled queso fresco and crema. **For a Beef Chile Relleno add \$2.00**

### ENCHILADAS

**\$11.00**

An all time favorite! Your choice of sauce: mole, verde or roja. 3 corn tortillas stuffed with chicken, onions and cheese, then smothered in the sauce of your choice. Served with beans and rice. Topped with lettuce, pico de gallo, crema and cheese (*Because we use fresh toppings enchiladas maybe cool*). **All 3 sauces for \$0.90 (gf)**

### SHRIMP AL MOJO DE AJO & GUAJILLO

**\$14.50**

Six large prawns marinated in garlic sauce then sautéed in crema and guajillo sauce. Garnished with fresh Mexican salad and rice. **Order it with Morita pepper sauce to make it SPICY HOT! (gf)**

### HUACHINANGO A LA VERACRUZANA

**\$15.00**

From Veracruz in the Gulf! A 10oz Red Snapper filet, pan seared and covered with salsa Veracruzana (olives, capers, oregano, pico de gallo & more!). Garnished with ensalada chica and rice. **Add 4 large shrimp for \$6 (gf)**

### ASADO DE PUERCO

**\$10.50**

From Monterrey Nuevo Leon, ahua!! Tender pulled pork slow cooked on a garlic, oregano and chile ancho sauce. flavorful but mild. Served with corn tortillas, side of rice and beans. Ask your server for green salsa if you want extra flavor. (gf)

*If you like spicy hot food, please ask your server for the hot salsa of the day!*

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(Forgot the cash and credit card? No problem, we are looking for a dishwasher!)

## A La Carte (A LA CARTA)

### TAMAL \$3.50

Corn masa stuffed with pork in ancho pepper sauce steamed in a corn husk. Topped with green salsa. *(gf)*

### ENCHILADA \$3.00

6" Corn tortilla stuffed with cheese, onions and chicken. Smothered in enchilada sauce, topped with lettuce, cream, cheese and pico. *(gf)*

### TOSTADA \$3.50

6" Crunchy flat corn tortilla topped with beans, lettuce, salsa, pico de gallo, queso fresco and crema. Choice of beef, pork or chicken. *(gf)*

### FLAUTAS \$2.50

Crunchy rolled corn tortilla stuffed with chicken, topped with lettuce, salsa, pico de gallo, queso fresco and crema. *(gf)*

### JALAPEÑO RELLENO \$3.50

Large Jalapeño pepper stuffed with queso fresco, smothered in egg batter and fried. Topped with savory tomato sauce, crumbled queso fresco and crema.

*Choose 2 or 3 items from this list plus Rice & Beans and make it a COMBO PLATTER*

## Desserts (POSTRES)

### FLAN \$3.00

Similar to Custard. Soft flavors of cinnamon, caramel and Vanilla. Rico! *(gf)*

### CHOCO FLAN \$4.00

Best of both worlds! Chocolate cake and flan baked together. Heaven!

### ARROZ CON LECHE \$3.00

Made the way GrandMa Conchita used to make it! Rice, 2 milks; cinnamon and vanilla.

### CHURROS (2) \$2.00

A Mexican pastry made from deep-fried unsweetened dough and sprinkled with cinnamon sugar. Served with a side of Cajeta

## Sides (A UN LADO)

### GUACAMOLE \$3.00

Chunky and creamy mixed just right!

### BEANS & RICE \$2.75

### CHORIZO \$2.00

### TORTILLA \$0.25

### CHEESE \$1.00

### PICO DE GALLO \$1.00

### CREMA \$0.50

*If you like spicy hot food, please ask your server for the hot salsa of the day!*

## For The Kids (Up to 7)

*(PARA LOS NIÑOS - Hasta los 7)*

### Cheese Quesadilla/Taco \$1.50

6" tortilla folded in half with cheese!

### A scrambled egg \$1.25

By itself or with cheese

### Chicken Quesadilla/Taco \$1.75

6" tortilla folded in half, chicken and cheese!

### Rice and Beans \$1.50

### Fountain Sodas \$1.50

Free Refill

ASK US FOR ANY OTHER THING YOUR CHILD MAY PREFER. WE MIGHT BE ABLE TO COME UP WITH IT.

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## Burritos (LITTLE DONKEYS)

All Burritos are made with the following:

Rice . Beans . lettuce . Tomatoes . Onions . Cilantro . Lime .  
Chipotle . Green or red salsa . Jalapeños . Pico de Gallo . Cream  
and Cheese

\*Make any burrito ENCHILADA style for \$2.00

\*Add Guacamole for \$1.00

	8"	12"
<b>STEAK</b> Grilled Steak & Rajas	\$6.50	\$10.00
<b>SHRIMP</b>	\$6.00	\$9.50
<b>BEEF</b>	\$5.00	\$8.50
<b>CARNITAS</b> Includes guacamole	\$5.00	\$8.50
<b>CHORIPOLLO</b>	\$5.00	\$8.50
<b>PORK</b>	\$4.00	\$7.50
<b>CHICKEN</b>	\$4.00	\$7.50
<b>VEGETARIAN</b>	\$3.75	\$7.25
<b>VEGAN</b> Just the veggies! Sorry, no ToFu foh U!	\$3.50	\$7.00

Because we use fresh ingredients ALL burritos and tacos will be cool inside

## Tacos (LOS TACOS)

ALL DINNERS have 3 tacos on corn tortillas, served with lime, hot salsa and side of rice & beans.

\*Shrimp and Fish tacos are served on flour tortillas.

\*Shrimp and Fish tacos contain dairy products.

	A la carte	Dinner
<b>STEAK</b> Grilled Steak & Rajas (gf)	\$4.00	\$13.5
<b>FISH*</b>	\$3.75	\$13.5
<b>SHRIMP*</b>	\$3.50	\$13.0
<b>CARNITAS</b> Includes guacamole (gf)	\$3.00	\$12.5
<b>BEEF</b> (gf)	\$3.00	\$11.5
<b>CHORIPOLLO</b> (gf)	\$3.00	\$11.5
<b>CHICKEN</b> (gf)	\$2.75	\$10.5
<b>PORK</b> (gf)	\$2.75	\$10.5

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## Mexican Specialties

(ESPECIALIDADES MEXICANAS)

### MENUDO (MON-TUE) (gf) \$9.50

Generous bowl of beef tripe, Hominy corn, guajillo broth, onions, oregano, lime, diced jalapeños, crushed pepper and tortillas.

### POZOLE (WED-THU) (gf) \$9.50

Served Blanco, Verde or Rojo. Pork & chicken broth with hominy corn, shredded pork and chicken, radishes & lettuce. Sides of onions, queso fresco, oregano, lime avocado and crushed pepper.

### CHILAQUILES (FRI-SAT) (gf) \$8.50

Totopos (corn chips) smothered in salsa roja, topped with queso fresco, crema, shredded chicken and onions.

Served with a side of rice and beans DELICIOSO!

### TACO DE LENGUA (DAILY) (gf) \$3.50

Generous portion of steamed and tender cow tongue, diced and served over a corn tortilla, topped with cilantro, onion and tomatillo salsa.

If you like spicy hot food, please ask your server for the hot salsa of the day!

## Drinks (DE TOMAR)

### FOUNTAIN SODAS \$2.00

Free re-fills included.

### MEXICAN SODAS \$2.50

Choose from: Sidral; Sangria and Jarritos (ask your server for available flavors)

### HOT TEA / ICED TEA \$2.00

### COFFEE or DECAF \$2.00

Add a shot of:

Kahlua	\$3.00
Bailey's	\$4.00
Amaretto	\$5.00

### MEXICAN HOT CHOCOLATE \$3.00

Made the right way... "Chocolate Abuelita" and milk. Served with a chile de arbol on the side for those who like it spicy!

### AGUAS FRESCAS (gf) \$2.50

Chef's choice of the day. Horchata; Jamaica; Mango ETC.

Ask your server for availability.

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